

Rejoice

Educational Materials

834 Broad Street, Meriden, CT 06450





Possession

- **Limits:** An individual may possess and use up to 1.5 oz of cannabis (and store up to 5 oz in a locked container at home or transport it in a locked glovebox or trunk).
- **Grow:** Medical marijuana patients and adults (21+) can grow up to 3 mature and 3 immature plants at home (up to 12 total plants per household).
- **Travel:** Driving across state lines with cannabis is illegal and can lead to federal criminal charges.



Transaction Limits

- Effective December 1, 2023, transaction limits for adult-use purchases will increase to 1/2 ounce of raw flower or the equivalent.
- Medical marijuana patients may purchase up to 5 ounces per month and are not subject to individual transaction limits (subject to certifying practitioner limitations).
- Different types and sizes of products may be purchased together up to a total of 1/2 ounce of cannabis flower or its equivalent per transaction. Examples of what 1/2 of an ounce of cannabis flower or its equivalent might look like include:
 - Up to 14 pre-rolled cigarettes that weigh 1 gram each, or 28 pre-rolled cigarettes that weigh 0.5 grams each. Or any combination up to 14 total grams, which equals 1/2 ounce.
 - Four to eight vape cartridges, which come in .5 mL and 1 mL sizes.
 - Edibles vary by type and size. A standard-sized brownie or cookie can be the equivalent of .08 grams of cannabis flower. One edible serving cannot have more than 5 milligrams of THC.
 - A combination of different product types that collectively amount to no more than 1/2 of an ounce.





Dosing

- Different products will vary in potency, cannabinoid profile, and effects. Customers should experiment to find the ideal dose for their desired effects and are encouraged to keep a log of consumption, methods, and effects. A customer's tolerance will vary based on a variety of factors including weight, body chemistry, and metabolism.
- When consuming edibles, it is important for consumers to wait the appropriate amount of time before consuming more to reach the desired effect. Consumers should start with a low dose and should not increase it until they know the impact and the timing it takes to reach such impact. A common mistake with edibles consumption is taking too high of an initial dose. Such mistakes can be avoided if consumers "start low and go slow" and carefully monitor the effects.
- Divine 1 employs best efforts to provide access to low-dose THC products and high-dose CBD products, taking into account economic demands and availability.
- The labels on marijuana products will outline the product's cannabinoid profile and dosage information.



Safety

- Cannabis products should be kept in their original child-resistant and tamper-resistant packaging.
- Consumers should speak with a healthcare provider before using cannabis, especially if they are using medications.
- Driving under the influence of cannabis is against the law. It is against the law for both drivers and passengers to use cannabis in a vehicle while it is operating.
- Cannabis should also be kept away from children and stored under lock and key to avoid accidental ingestion. Consumers need to always be responsible about safe storage of marijuana and marijuana products. Additional information on safe storage can be found on DCP's website: [safe storage\(ct.gov\)](https://www.ct.gov/dcp/safe-storage)





Forms Of Consumption or Inhalation

- Note, certain products may only be available in the medical market.
- **Cannabis Flower:** Divine 1 will offer a wide variety of cannabis strains and products for consumers. Strains will be consistently available and reviewed on an ongoing basis based on feedback from consumers and overall demand.

Types of flower:

- ★ **Indica:** typically marketed for sleep and sedation.
- ★ **Sativa:** typically marketed for energy and uplifting effects.
- ★ **Hybrid:** typically marketed for mixed effects.

- **Concentrates:** Hash, oils, and waxes designed for consumers who prefer to smoke or vaporize small amounts of highly concentrated cannabis to receive the complete effect. Concentrates allow for a fast onset without the need to smoke excessive amounts of cannabis.
- **Edibles:** When conventional foods are infused with cannabis they are referred to as edible cannabis products or edibles. Candies, beverages, and baked goods may be considered the most well-known types of edibles.
- **Tinctures:** Cannabis-infused solutions, derived either directly from the cannabis plant or from a cannabis concentrate. They are typically made using ethanol, glycerin, or vegetable oils. Tinctures are usually consumed by mouth but can also be applied to the skin. Their effects can be felt immediately or after 1-2 hours, and generally last longer than inhaled products.
- **Topicals:** Cannabis-infused topical products can include creams, lotions, ointments, or balms that are applied directly to the skin. These are intended to provide relief at a targeted area of the body.



Substance Use Information

- Addiction signs include increased tolerance, using drugs to avoid withdrawal, life revolves around drug use, abandonment of activities previously found to be enjoyable, extended use, and loss of control.
- The Substance Abuse and Mental Health Service line can be reached at 800-662-4357.
- If you or someone you know needs support with a cannabis or drug problem, call 800-563-4086.
- For more information on the warning signs of problem use, visit: <https://beintheknowct.org/problem-use/>.
- To participate in substance use programs, visit Cannabis Resources – Be In The Know CT or Cannabis Resources – Be In The Know CT.